

St. Michael's After School Co-Curriculars 2016-2017

In addition to these School activities, St. Michael's offers a [Lower School Core Extended Day](#) program until 6:00 p.m. Details on the [core program](#) as well as enrichment programs can be found at: stmschool.net/admissions/extending-the-day

Click on each individual activity to register. All activities are co-ed unless noted.

Activity	Coach/Director	Grades	Dates-Times	Equipment Needed	Cost
Fall (August 31 to November 11)					
Art	Meg Foster (ArtHaus)	K-5	Mondays, 3:15-4:30 p.m.	None	\$170
Chess	Brian Garbera (Championship Chess)	K-5	Wednesdays 3:15-4:15pm	None	\$118
LEGO Engineering (Tuesday) (Thursday)	Ian Phillips (Play Well)	2-5 K-2	Tuesdays 3:15-4:45pm Thursdays 3:15-4:45pm	None	\$149
Tennis	Davis Toombs (Bon Air Community Association)	K-2 3-5	Tuesdays 3:15-4:30pm Thursdays 3:15-4:30pm	Racket	
Fishing	Tee Clarkson (VA Fishing Adventures)	1-5	Fridays 3:15-5:15pm	None	\$120
Math Club	Kelley Hettrick, Kim Baldwin	1-3	3rd Thursday of the month, 3:00-4:00pm	None	\$0
Book Club	Carol Wise, Mary Shirl Eaton	2-3	2nd Tuesday of the month, 3:00-4:00pm	None	\$0
Field Hockey, Intramural*	Katherine Martin	3-5	Fridays, 3:15-5:00pm	Stick, mouth & shin guards, goggles	\$80
Soccer, Intramural*	Wally Kern	3-5	Tuesdays, 3:15-4:15pm	Shin guards	\$40
Band (LS click here) (MS click here)	Brian Rollins (Trinity)	5-8	Practice 2/week, dates/times TBD. Performances in December & May.	Musical instrument(s)	\$80 (for the year)
LEGO Robotics, (LS click here) (MS click here)	Michael Jones, parent volunteers	5-8	Practice 1/week, 3:15-5:15pm. Competition = a mid-Nov. Saturday	None	\$80
Mountain Biking*	Kevin Tobin (Peak Experiences)	6-8	Sessions Mon & Wed, 3:00-5:00pm. Parent day at end of season.	Mountain bike and helmet	\$240
Baseball Clinic*	Michael Turner	6-8	Fridays, 3:00-5:00pm	Glove, bat, helmet	\$0
Cross Country, Interscholastic*	Neal Fleenor	6-8	Practice Mon-Fri, 3:00-4:30pm. Meets ≈ 1/week	Running shoes	\$80
Field Hockey, Interscholastic*	Katherine Martin	6-8	Practice Mon-Thu, 3:00-4:30pm. Games = 1 to 2 /week	Stick, mouth & shin guards, goggles	\$80
Boys' Lacrosse Clinic*	Pete Waldbauer	6-8	Wednesdays, 5:30-6:30pm	Stick and mouthpiece	\$0
Soccer, Interscholastic*	John Mills	6-8	Practice Tues. and Thurs.4:30-6:00pm	Cleats,shin guards	\$80

*Students must have a current Athletic Participation Form on file before participating in sports.

After-School Activities 2016-2017 (cont.)

Winter (November 14 to February 26)					
Interscholastic Swimming*	Philip Tickle	6-8	Sunday afternoons at St. Catherine's. Meets ≈ 1/week	Swimsuit, goggles	\$80
Theater Production	Jan Guarino	6-8	Practice 2-3/ week, 90min. Performances week of March 2nd	None	\$0
Band	Brian Rollins	5-8	Practice 2/week @ Trinity Performances at LS & MS in Dec & May	Musical instrument(s)	\$80 (for the year)
Interscholastic Boys Basketball*	Christian Hansen, Wally Kern, Michael Turner	5-8	Practice 2/ week, 90min. Games = 1 or 2 /week	Gym clothes and basketball shoes	\$80
Interscholastic Girls Basketball*	Sam Futrell, Tony Moore, Bryce Rowe	5-8	Practice 2/ week, 90min. Games = 1 or 2 /week	Gym clothes and basketball shoes	\$80
Intramural (SMBA) Basketball*	Alumni and parent volunteers	4-8	One 1-hr. practice once per week. Games = Saturday mornings	Gym clothes and basketball shoes	\$80
Book Club	Carol Wise, Mary Shirl Eaton	2-3	2nd Tuesday of the month, 3:00-4:00pm	None	\$0
Chess	Brian Garbera (Championship Chess)	K-5	Wednesdays 3:10-4:10pm	None	\$118
LEGO Engineering	Ian Phillips (Play Well)	2-5 K-2	Thursdays 3:10-4:40pm Fridays 3:10-4:40pm	None	\$145
Math Club	Kelley Hettrick/Kim Baldwin	1-3	3 rd Thursday of the month	None	\$0

After-School Activities 2016-2017 (cont.)

Spring (February 27 to May 19)					
Boys Lacrosse*	Pete Waldbauer	6-8	Practice 2/ week, 90min. evenings Games = 1 or 2 /week	Stick, helmet, gloves, shoulder pads, and mouth guard	\$80
Girls Lacrosse*	Katherine Martin	6-8	Practice 2/ week, 90min. Games = 1 or 2 /week	Stick, goggles, and mouth guard	\$80
Track*	Phillip Tickle	6-8	Practices: Wednesdays 3:30-5 p.m at MS and Saturdays, 9-10:30 a.m. at Trinity, plus meets	Running shoes	\$80
Golf*	David Jennings	6-8	Wednesdays, 3:30-5:30 p.m. at Willow Oaks CC, plus matches	Bag, balls, clubs, shoes	\$80
Band	Brian Rollins	5-8	Practice 2/week @ Trinity Performances at LS & MS in Dec & May	Musical instrument(s)	\$80 (for the year)
Fun & Games*	Wally Kern	3-5	Tuesdays, 3-4:00pm	Gym clothes, sneakers	\$40
Book Club	Carol Wise, Mary Shirl Eaton	2-3	2nd Tuesday of the month, 3:00-4:00pm	None	\$0
Fishing	Tee Clarkson (VA Fish. Adventures)	1-5	Mondays or Fridays, 3:10-5:10pm	None	\$100
Chess	Brian Garbera (Championship Chess)	K-5	Wednesdays 3:10-4:10pm	None	\$106
LEGO Engineering	Ian Phillips (Play Well)	2-5 K-2	Thursdays 3:10-4:40pm Fridays 3:10-4:40pm	None	\$145
Art-Mixed Media	Meg Foster/ArtHaus	K-5	Mondays, 3:15-4:30 p.m.	None	\$165
Math Club	Kelley Hettrick/Kim Baldwin	1-3	3 rd Thursday of the month	None	\$0